

The Sewing for Service Competitive Event is a State Event conducted at the NJ FCCLA State Leadership Conference. It is an *individual* event that encourages service learning within the clothing and textiles curriculum. Students come with sewing equipment. Students will be given the supplies to create a bag (the specific design will be revealed at the competition) but the students must also bring personal care items that will be donated to a specific organization. Students are judged on their sewing skills, time management, and answers to questions.

**NEW JERSEY LEARNING STANDARDS**

- RST.11-12.7 Integrate and evaluate multiple sources of information presented in diverse formats and media in order to address a question or solve a problem.
- NJSLSA.R1 Read closely to determine what the text says explicitly and to make logical inferences and relevant connections from it; cite specific textual evidence when writing or speaking to support conclusions drawn from the text.
- NJSLSA.R7 Integrate and evaluate content presented in diverse media and formats, including visually and quantitatively, as well as in words.
- RST.11-12.3 Follow precisely a complex multistep procedure when carrying out experiments, taking measurements, or performing technical tasks; analyze the specific results based on explanations in the text.
- 4.MD.A.1 Know relative sizes of measurement units within one system of units including km, m, cm, mm; kg, g; lb, oz.; l, ml; hr, min, sec.
- 7.G.A.2 Draw (with technology, with ruler and protractor as well as freehand) geometric shapes with given conditions.
- 9.2.8.B.3 Evaluate communication, collaboration, and leadership skills that can be developed through school, home, work, and extracurricular activities for use in a career.
- 9.2.12.C.3 Identify transferable career skills and design alternate career plans.
- 9.2.12.C.4 Analyze how economic conditions and societal changes influence employment trends and future education.
- 9.2.12.C.6 Investigate entrepreneurship opportunities as options for career planning and identify the knowledge, skills, abilities, and resources required for owning and managing a business.
- 9.3.12.AR-VIS.2 Analyze how the application of visual arts elements and principles of design communicate and express ideas.
- 9.3.12.AR-VIS.3 Analyze and create two and three-dimensional visual art forms using various media.

**CAREER READY PRACTICES**

- ✓ Apply appropriate academic and technical skills.
- ✓ Demonstrate creativity and innovation.
- ✓ Model integrity, ethical leadership and effective management.
- ✓ Utilize critical thinking to make sense of problems and persevere in solving them.

**NATIONAL STANDARDS FOR FAMILY AND CONSUMER SCIENCES**

- 16.3.2 Apply basic and complex color schemes and color theory to develop and enhance visual effects.
- 16.3.3 Utilize elements and principles of design in designing, constructing, and/or altering textile, apparel, and fashion products.
- 16.4.1 Demonstrate professional skills in using traditional and technologically innovative equipment, tools, and supplies in textile, fashion, and apparel construction, alteration, repair, and recycling.
- 16.4.5 Demonstrate basic skills for production and alteration, repair and recycling of textiles, fashion, and apparel.

### EVENT CATEGORIES

- Junior:** Participants in grades 6 – 9  
**Senior:** Participants in a comprehensive program in grades 10 – 12  
**Occupational:** Participants in an occupational program in grades 10 – 12

### ELIGIBILITY

1. A chapter may submit one (1) entry for every twelve (12) affiliated FCCLA members with a maximum of two (2) entries.
2. An entry is defined as one (1) participant.
3. An event category is determined by the participant's grade in school and type of Family and Consumer Sciences program.
4. Participation is open to any affiliated FCCLA member.

### PROCEDURES & REGULATIONS

1. Each participant will have one (1) hour and forty-five (45) minutes to complete this *on-site event*. Suggested time management includes:
  - Ten (10) minutes for preparation, set-up, and reading the pattern directions
  - Ten (10) minutes pinning, cutting, and marking the pattern and fabric
  - Seventy-five (75) minutes for construction of the project
  - Ten (10) minutes for clean up
2. Each participant is **required to bring**:
  - A portable sewing machine
  - One (1) heavy duty six (6)-foot extension cord
  - Commonly used sewing machine presser foot attachments (zipper foot, buttonhole foot, etc.)
  - Cutting shears, pins, tape measure, handsewing needles, bobbin, seam ripper, point turner, Loop turner, bodkin, tumble, tailors chalk
  - The following supplies\* (***Point deductions will be issued for participants who fail to bring these items***):
    - Four (4) 70-sheet notebooks of wide or college-ruled paper, approx. 8" x 10½" (no loose-leaf paper)
    - One (1) 30cm ruler, or a ruler with cm on one side and inches on the other
    - One (1) pencil sharpener
    - One (1) pair of blunt scissors (safety scissors with embedded steel blades work well)
    - Five (5) unsharpened #2 pencils with erasers (secure together with rubber band)
    - Five (5) black or blue ballpoint pens (no gel ink, secure together with rubber band)
    - One (1) box of 16 or 24 crayons
    - One (1) 2½" eraser

*\*All items should be new and in good condition. Remove excess packaging. Please do not donate any items decorated with a U.S. flag, patriotic or military symbols or references to the armed forces, including camouflage.*
3. Materials for the small sewing project for a community organization will be distributed to each participant.
4. NJ FCCLA will provide the following items for the project:
  - Instructions/guidelines
  - Identification card & pencil
  - Pattern
  - Iron & ironing board
  - Fabric
  - Thread
5. Each participant will be required to do the following for the event:
  - read pattern directions
  - pattern layout/cutting
  - marking
  - project construction according to directions
  - completion of identification card

6. Each participant must complete an identification card on a three (3)-by-five (5) inch index card with the following information:
  - A. Participant Name
  - B. School Name
  - C. Chapter Name
  - D. Event Name (Sewing for Service)
  - E. Event Category
7. Evaluators may ask the participant questions during the event.
8. The finished sewing project becomes the property of NJ FCCLA and will be donated to an organization that can best use the finished project.
9. Each participant is required to bring the wish list items that will be added to bag that he/she has created.
10. Each participant is required to clean his/her work area at the conclusion of the event.
11. See GENERAL INFORMATION AND RULES in the Competitive Event guidelines.

**SEWING FOR SERVICE SPECIFICATIONS**

**Critical Thinking**

The demonstration of skills may be up to one (1) hour and forty-five (45) minutes long and is completed for evaluators. The activities show the step-by-step process in the construction of a textile/fabric project.

Organization	Clean and organized work area with all the necessary equipment available.
Safety	Proper precautions for safety are followed.
Pattern Layout	Efficient use of fabric. Accurate measurements are used. Project should be cut on grain, flat, and smooth.
Follows Written Directions	Sequentially follows directions.
Technical Skills and Use of Tools	Understands and correctly uses marking, sewing, and pressing tools.
Time Management	Effective use of allotted time.
Ability to Problem-Solve	Able to find solutions in the creation of project.

**Quality of Construction**

The demonstration of skills may be up to one (1) hour and forty-five (45) minutes long and is completed for evaluators. The activities show the step-by-step process in the construction of a textile/fabric project.

Seams and Seam Finishing	Seams should be consistent width, reinforced at both ends, and appropriately finished.
Clipping, Grading, and Trimming	Curves and bulky seams are addressed properly.
Hand Sewing	Hand sewing should be inconspicuous and secure.
Pressing Techniques	The project should be pressed throughout the construction process and have a professional finish.

**Project Evaluation**

The demonstration of skills may be up to one (1) hour and forty-five (45) minutes long and is completed for evaluators. The activities show the step-by-step process in the construction of a textile/fabric project.

Finished Appearance	The project should be well-made, using techniques that reflect industry standards. All product elements culminate in a visually appealing project.
Responses to Evaluators' Questions	Provide clear and concise answers to evaluators' questions regarding project and subject matter.
Identification Card	Contains information required.
Required School Supply Items	Project includes the following school supply items: <i>Four (4) 70-sheet notebooks of wide or college-ruled paper, approx. 8" x 10½" (no loose-leaf paper); One (1) 30cm ruler, or a ruler with cm on one side and inches on the other; One (1) pencil sharpener; One (1) pair of blunt scissors (safety scissors with embedded steel blades work well); Five (5) unsharpened #2 pencils with erasers (secure together with rubber band); Five (5) black or blue ballpoint pens (no gel ink, secure together with rubber band); One (1) box of 16 or 24 crayons; One (1) 2½" eraser.</i>

SEWING FOR SERVICE RATING SHEET

Name \_\_\_\_\_ School \_\_\_\_\_

Check One Event Category: \_\_\_\_\_ Junior \_\_\_\_\_ Senior \_\_\_\_\_ Occupational

**INSTRUCTIONS:**

Write the appropriate rating under the "SCORE" column. Points given may range between 0 and the maximum number indicated. Where information is missing, assign a score of 0. Total points and enter under "TOTAL SCORE."

Evaluation Criteria	Very					Score	Comments
	Poor	Fair	Good	Good	Excellent		
<b><i>CRITICAL THINKING</i></b>							
Organization	0-1	2	3	4	5		
Safety	0-1	2	3	4	5		
Pattern Layout: Efficient use of fabric, accurate measurements, cut on grain, flat & smooth.	0-2	3-4	5-6	7-8	9-10		
Follows Written Directions	0-1	2	3	4	5		
Technical Skills and Use of Tools: Understands and correctly uses marking, sewing, and pressing tools.	0-2	3-4	5-6	7-8	9-10		
Time Management	0-2	3-4	5-6	7-8	9-10		
Ability to Problem Solve	0-2	3-4	5-6	7-8	9-10		
<b><i>QUALITY OF CONSTRUCTION</i></b>							
Seams and Seam Finishing: Seams should be consistent width, reinforced at both ends, and appropriately finished.	0-2	3-4	5-6	7-8	9-10		
Clipping, Grading and Trimming: Curves and bulky seams are addressed properly.	0-1	2	3	4	5		
Hand Sewing: Inconspicuous and secure	0-2	3-4	5-6	7-8	9-10		
Pressing Techniques: Pressed throughout the construction process, and have a professional finish.	0-1	2	3	4	5		
<b><i>PROJECT EVALUATION</i></b>							
Finished Appearance: Well-made, using techniques that reflect industry standards. All product elements culminate in a visually appealing project.	0-2	3-4	5-6	7-8	9-10		
Responses to Evaluators' Questions	0-1	2	3	4	5		

Total Score \_\_\_\_\_

Verification of Total Score (please initial)

Evaluator \_\_\_\_\_

Room Consultant \_\_\_\_\_

Lead Consultant \_\_\_\_\_

Circle Rating Achieved:

Gold: 90-100

Silver: 79-89

Bronze: 70-78